

APRIL TO  
OCTOBER 2026

GROW WITH US  
**NOURISH**

**AFTER SCHOOL CLUB**

## WEEK 1

13 April, 4 May, 1 June, 22 June, 13 July, 31 Aug, 21 Sept, 12 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pasta Salad Bar</b>			<b>Taco Thursday</b>	
Tuna & Sweetcorn <b>1,8,9 OR Cheese &amp; Cucumber 7V</b>	Beef Burger in a Bun <b>1,5,6,12</b> or Vegetable Burger in a Bun <b>1,5 VG</b>	Pizza Bap <b>1,5,7 V</b>	Chicken & Cheese Soft Taco <b>1,7,9 OR</b> Vegetable & Cheese Soft Taco <b>1,7,9 V</b>	Assorted Sandwiches <b>1,3,5,7,16</b>

## WEEK 2

20 April, 11 May, 8 June, 29 June, 20 July, 7 Sept, 28 Sept, 19 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hotdogs</b>				
Sausage <b>1,3,5,6</b> or Vegetable Sausage <b>1,5 VG</b>	Double Baked Jacket Potato Stuffed with Cheese <b>7V</b>	Loaded Nachos <b>7 V</b>	Chicken or Vegetable Nuggets with Beans <b>1,12</b>	Assorted Sandwiches <b>1,3,5,7,16</b>

## WEEK 3

27 April, 18 May, 15 June, 6 July, 14 Sept, 5 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Noodle Bar</b>		
Hummus with Toasted Pitta Fingers & Vegetable Sticks <b>1 VG</b>	Loaded Oven Baked Fries <b>7VG</b>	Noodles with  BBQ Chicken <b>1</b>  Vegetable Broth <b>1VG</b>	Sausage Roll <b>1,3,6</b> or Vegetable Sausage Roll <b>1VG</b> with Beans	Assorted Sandwiches <b>1,3,5,7,16</b>

**SALAD STICKS  
SERVED DAILY**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10  
Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian